

LIGHTBULB PERFORMANCE SOLUTIONS



Brain Training for Sport & Performance

www.lightbulbperformancesolutions.com

TRAIN YOUR BRAIN TO BOOST YOUR PERFORMANCE *Your Natural Winning Formula*

Football, Rugby, Tennis, Cricket, Golf, Cycling, Swimming, Boxing, Martial Arts, Gymnastics, Athletics, Hockey, Netball, Horse Riding, Acting, Ballet, Dance & More

- * Zone in to win
- * Set your goals
- * Sharpen your focus
- * Perfect your skills
- * See yourself winning
- * Immerse in your reality
- * Achieve your destiny
- * Ignite your flame

"I could see it. I could almost feel it. When I proclaimed that I was the greatest of all time, I believed in myself and I still do!"

Muhammad Ali (World Champion Boxer, 1942 - 2016)

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